

### **CAMP-I-CAN**

Parent Handbook 2021

### **Contact Information**

Camp Direct Line: Camp Office: 527-7358 <u>campican@thechildrenshomecinti.org</u>

Camp Offices: (August – May) Preschool Entrance 4550 Red Bank Exwy Cincinnati OH 45227

Camp Location: (June / July)

Lower School Building 5050 Madison Rd. Cincinnati OH 45227

**School Age Services Supervisor:** 

Amanda Hobbs <u>ahobbs@costars.org</u> Direct Line: 513-527-7290

#### Early Care and Education Manager:

Beth Wiseman bwiseman@costars.org Direct Line: 513-527-7322

The Children's Home School Age Program (Camp-I-Can) License # 204443

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## PROGRAM OVERVIEW

#### Mission

The mission of the CoStars Camp-I-Can program is to enhance the quality of relationships among young children and their families. We aim to promote optimal development through support and education, respecting each family's uniqueness and strengths.

#### **Program Information**

The camp serves co-ed children ages 4 (must be scheduled to attend kindergarten in the upcoming school year) to 12 years. The programs is licensed through the Ohio Department of Jobs and Family Services. Our licensing agency requires staff ratios be no higher than 1:18 (adult: child) for children who are enrolled in Kindergarten, group sizes will not exceed 36. Our licensing agency requires staff ratios be no higher than 1:18 (adult: child) for children who are at least 4 years old and eligible to be enrolled in Kindergarten, group sizes will not exceed 28. We strive to keep ratios at or below those requirements for all staff and students.

School Age Staff to Child Ratios and Group Sizes:

Group Size = 36 Ratio = 1:15

The Camp-I-Can program operates on The Children's Home campus during the summer, 7:30 am – 5:30 pm Monday through Friday. Please note that we do not provide care in the evenings or on the weekends. Programming includes meal services, enrichment activities, daily swimming and recreation, Common Core Curriculum including focus on literacy and math, and bi-weekly off campus field trips.

#### **Sample Daily Schedule**

7:00 – 8:15am	Free Choice / Drop Off
8:15 – 8:30am	Wash Hands and Prepare for Breakfast
8:30 – 9:00am	Breakfast
9:00 – 9:30am	Morning Meeting
9:30 – 10:00am	Classroom Meeting / Review Schedule / Building Community Activities
10:00 – 11:15am	Outdoor Recreation
11:15 – 11:30am	Wash Hands and Prepare for Lunch
11:30 – 12:00pm	Lunch
12:00 – 1:00pm	Quiet Time / Journaling / Reading
1:00 – 2:00pm	Pool Time
2:00 – 3:30pm	Gym / Gross Motor
3:00 – 4:00pm	Art / Science / Enrichment
4:00 – 5:30pm	Free Choice / Pick Up
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Please note that learning opportunities happen throughout a child's day.

#### **The Staff**

The program staff is comprised of dedicated professionals who strive to provide each child with the best possible experience. They are devoted to teaching, exploring, and nurturing the students through a variety of team building, academic, and social skill activities in a safe and structured environment. Staff is trained in first aid, CPR, communicable disease, and child abuse recognition. Staff that currently do not hold a degree in education and or early childhood attend 15 hours of in-service training annually focusing on school age children.

#### Philosophy

We believe that it is important for families to have safe and reliable care for their children. We have designed a program with safeguards to ensure that children not only have the opportunity to experience new and challenging activities, but also to feel secure and safe while having fun.

#### **Cooperation with Regulatory Agencies**

The Ohio Department of Job & Family Services licenses the Preschool Program. The Preschool meets or exceeds state standards at all times. The license is displayed in the main entrance way. The licensing law and rules are available in the parent resource area. The licensing record, compliance report forms, complaint investigation reports, and evaluations from building and fire inspections are also available in the parent resource area.

The department's web site is http://jfs.ohio.gov/cdc

The administrators and all employees of the facility are required, under Section 2151.421 of the Ohio Revised Code (ORC) to report their suspicions of child abuse or child neglect to the local public children's services agency.

Parents may call the Ohio Department of Job & Family Services toll-free number if they suspect the Program has violated licensing rules and regulation.

The number is 1-877-302 2347 option #4. The phone number is also listed on our program license.

The Ohio Department of Job and Family Services (ODJFS) has search capability to locate early care and education programs regulated by ODJFS and programs licensed by the Ohio Department of Education (ODE) at <a href="http://childcaresearch.ohio.gov/">http://childcaresearch.ohio.gov/</a>. Individuals can search based on county, city, zip code, program type, program name, license number, and/or Step Up to Quality (SUTQ) rating.

Furthermore, childcare programs have the ability through the Ohio Child Licensing and Quality System (OCLQS) to add days/hours of operation and services provided such as before/after school care, evening or overnight care, meals and field trips. This information displays on the website.

Effective December 12, 2018 the ODJFS childcare search has enhanced functionality that allows individuals the option to receive program inspection updates via a Really Simple Syndication (RSS) feed. RSS is a way for websites to distribute information to subscribers automatically. Individuals can now receive notification when a new inspection is posted online. This notification is sent three days following the date the report is posted to the website. Programs receive a copy of the inspection report one day prior to the report being posted on the website.

Programs may want to add information about this feature to their parent handbooks to inform families.

To sign up for the RSS feed, go to <u>http://childcaresearch.ohio.gov/</u> and search for a program. Click on a program name, this takes you to the program detail page. Click on the button 'Interested in receiving updates about this program?' an instructional page displays with detailed instructions about how to subscribe.

If you have any questions, please contact the Child Care Policy Help Desk at 1-877-302-2347 (Option 4) or the following email address: <u>CHILDCAREPOLICY@jfs.ohio.gov.</u>

#### Curriculum

Learning occurs when trusting relationships have been established and when developmentally appropriate activities encourage mastery and offer challenges. We believe children must be given choices, valued as learners, and respected as individuals. The best curriculum does not come from books, but from parents, teachers, and children. It is more than just skills to be taught, it is also a way to approach learning.

#### Structure

We believe that structure is a vital part of operating a children's program. Curriculum is designed to offer handson, developmentally appropriate activities organized into learning centers. Our child-program approach includes opportunities for small and large group activities, dramatic play, science, art, music and movement, math, and literacy development. All of our programming adapts to the changing needs, interests, and abilities of the children in our care.

This also allows us to provide curriculum that can be individualized to best fit the needs and interests of your child.

#### Activities

We believe that there is learning in all that we do. Our goal is to teach children both socially and academically through activity. Each activity is aligned with an Ohio Core Content Standard or social learning skill. This is done to provide students with enrichment in both areas. The program does not conduct formal assessments on students.

#### **Goals for Students**

#### Socio-Emotional Development

To experience a sense of self-esteem; to exhibit a positive attitude toward life; to demonstrate pro-social behavior.

#### **Cognitive Development**

To acquire learning and problem solving skills; to expand logical thinking skills; to acquire concepts and information leading to a fuller understanding of the immediate world; to demonstrate skills in make believe play;

to expand verbal communication skills; to develop beginning reading and writing skills

#### Physical Development

To enhance all gross motor skills; to enhance and refine fine motor skills; to use all senses in learning

#### **Student Assessments**

The program does not participate in formal assessments. The program does not report child level data to ODJFS pursuant to 5101:2-17-02 of the Administrative Code.

#### **Participation**

We strive to encourage all children to participate in activities offered through the program. Many times, children are hesitant if an activity is new to them. Staff will encourage children to try new things, but sometimes a little extra help is needed. Please encourage your child to participate in all activities, as part of our goal is to introduce them to new ideas and activities designed to enhance their academic and social development. If your child is unable to participate due to an illness or health condition, we request that you inform us in writing and such information must be stated in your registration packet.

If a child strongly refuses to participate in an activity, he/she will be allowed to sit out in the area as long as the staff can maintain supervision. If your child becomes ill or tired and needs to rest, a cot and a quiet space will be provided within direct supervision of staff.



#### Registration

Registration for Camp-I-Can begins in February and continues as space allows. Space is limited to 120 students per day and availability within the appropriate classroom; students are enrolled on a first come, first serve basis depending on availability by age group. Parents interested in the Camp-I-Can Program should contact Beth Wiseman or Amanda Hobbs to request an enrollment packet.

The family's account must be in good standing to be eligible to register at any time. Children will not be allowed to attend the program without all necessary paperwork being completed and processed, this includes the enrollment, health and medical forms.

#### Waiting List

Once the program has reached capacity, a wait list is maintained. An application must be on file in order for your child to be on the wait list. Alternative options will be given to families that do not wish to be placed on the list.

#### **Eligibility**

Children ages 4 to 12 years of age (must be scheduled to attend Kindergarten in the upcoming school year) are eligible for the program. Priority is given to siblings.

Due to safety concerns we currently do not accept children whose families have not granted us permission to emergency transport their child in the event of a life-threatening emergency for treatment.

We do not discriminate against any race, color, religion, sex or national origin or disability in violation of the Americans with Disabilities Act of 1990, 104 Stat. 32, 42 U.S.C. 1210et seq.

To be enrolled in the program, a full enrollment application must be completed in its entirety, including the health and enrollment documents. Children must be toilet trained; the program is not able to provide diapering service.

#### Ineligibility

Students who are not able to be successful in 1:15 (1:14 for age 4) ratio and who do not exhibit self-control are not eligible for enrollment. Children currently engaged in intensive intervention services (e.g. Early Childhood Day Treatment, Day Treatment, Lower School, etc.) may not be eligible for enrollment. A review of current treatment level and support plan may need to be in place prior to enrollment. Children who have previously been enrolled in intensive intervention services and DID NOT receive a successful discharge must meet with program supervisor to complete program assessment to determine fit. A pattern (3 or more) of behavior intervention resulting in removal from classroom will result in suspension of services until parent meeting and a behavior plan in place. Recurring disruptive behavior may result in removal from program.

If found ineligible for programming, families will be contacted by program Supervisor / Manager and a resource for alternate programs will be provided.

#### **Special Needs**

Children with special needs are welcome to attend our program. Each case will be determined individually and determination of acceptance into the program will be made with the parent, Supervisor, and Early Care and Education Manager. Determination may also include counselors, mental health providers, and /or HCJFS case workers. Activities and space will be adapted as much as we are reasonably able to accommodate. However, if it is judged that the individual needs of a child cannot be met in group care, we reserve the right not to enroll the child and will assist the family in connecting with the appropriate resources. **Children with chronic health problems must have a signed Medical/Physical Care Form on file.** 

#### **Transitions**

For children who are transitioning into the program, the Supervisor calls to orient families including providing information about policies and procedures. The parents and Supervisor go over the general transition plan and any necessary adjustments are made at this time.

Families are required to give the center a three-day withdrawal notice. Upon receiving this information, the parents are contacted to discuss a transition plan including information about where the child is going and child's last day at the center. Program staff talks with all children about the upcoming transition and share information with children as appropriate.

#### **Withdrawals**

A parent's right to withdraw a child from the program is respected. <u>A written three-day notice is required.</u> Your account must be paid up to the last day of attendance once notice is given. If it is determined that the individual needs of a child cannot be met in group care, the manager reserves the right to withdraw the child. When a situation is identified that could lead to dis-enrollment, the supervisor and program staff will work with parents to overcome the problem. Should dis-enrollment become necessary, a transition plan will be developed with the supervisor, teacher, and the family.

### **FINANCIAL POLICIES**

#### **Tuition and Voucher Policy**

The Early Childhood Program establishes the center's tuition rates and reserves the right to adjust them to cover increases in the cost of operation. Parents will receive adequate notice, in writing, of fee adjustments. **Program fees are not waived for illness or vacation.** Parents must notify the program if the child is no longer eligible for vouchers services through HCJFS. If this situation occurs, vouchers or private pay tuition will be accepted as we work with the family on transitioning the child to a new site. Parents using childcare vouchers while alternate care is established are responsible for paying the co-pay amount set by Hamilton County Job and Family Services.

#### **Tuition**

Tuition payments are due by 9:00 am on Friday for the next week of attendance. Tuition is payable by check, cash, credit card, or money order. The center reserves the right to withdraw the child from the center after one week of non-payment of tuition.

#### Tuition Rate

\$195 / week

Parents must use the TAP system to enter student's times daily. This is a condition of HCJFS' childcare coverage; failure to do so may result in HCJFS terminating childcare voucher coverage. Private pay families must also use the TAP system to record daily attendance. (NOTE: no staff member can complete swipes, per HCJFS' policy.)

A \$30.00 charge will be assessed for all returned checks.

The Children's Home of Cincinnati Tax ID number is included on all account statements and is available upon request.

#### **Tuition Credits**

A credit of \$37.00 is assessed for any day that the program is closed. These credits include partial week (beginning and end of summer) and 4<sup>th</sup> the of July holiday. Program fees are not waived for illness or vacation. Fees must be paid in accordance with payment schedule unless arrangements are made in advance with the finance department.

#### Late Pick Up Fee

Failure to pick up a child by close of program (5:30 pm) will result in a late fee. \$5.00 will be charged when arriving 5-10 minutes after the close of the program, and an additional \$3.00 will be charged for every 5 minutes thereafter. Repeated late pick up may result in suspension or termination from program.

If the staff has been unable to contact you by 6:30 pm, 241-Kids will be called for child abandonment.

### PROGRAM POLICIES

#### **Child Custody**

Legal decisions regarding issues of child custody will be respected. In fairness to parents and children, documentation of the rights of each parent is required to restrict visitation where necessary.

*Please Note:* We are unable to refuse any parent the right to pick up their child without a copy of the **COURT ORDER** on file.

#### Children's Clothing

Dress your child in clothing that is comfortable for a variety of active and messy activities. Gym shoes must be worn on campus and on field trips (no flip-flops or water shoes, unless within the Pool area). We will provide a Lost and Found box located in the Front Office for found items.

If your child needs to borrow clothes from the program, please wash and return them so we can ensure we always have spare clothing available.

#### **Personal Items**

Parents are asked to see that children do not bring toys to the program. Children are asked to leave all cell phones, toys, radios, electronics etc. at home. Children are asked to store cell phone and other electronic items that must be brought on campus in the office. Our staff is not responsible for lost, stolen or damaged items.

#### Children's Cell Phone Usage

Children are not permitted to use cell phones while in programming. If a child needs to contact a parent, the program phone will be used. Programs do not permit cell phone use for any reason and ask that, if cell phones are brought to the program, they are stored in the main office. Our staff is not responsible for lost, stolen or damaged items.

#### **Outdoor Policy**

The outdoors is an extension of the classroom. Children will play outdoors daily throughout the year when the temperature and wind chill are above 25° and below 90° Farenheit. The gym is available to the children every day and can be used during inclement weather. Parents can assure their comfort when outside by providing appropriate outdoor clothing, being careful not to over or under dress your child. Due to staffing demands, children are not allowed to stay inside while their group is outside.

#### **Swimming**

The pool is located on-site. The depth is 3-6 feet. Children will participate in swimming activities with their assigned group and supervised by their camp counselors. Our staff to child ratios remains the same during swimming activities and no more than 26 students may be at the pool at one time.

Our pool area is staffed with a trained and certified lifeguard; no groups will participate in swimming activities without a lifeguard on duty. Parent/Guardian signs written permission to participate in swimming activities, located in the enrollment packet.

#### **Child Abuse Reporting**

By law, all program staff and administrators are required to report suspicion of child abuse and/or neglect to the Hamilton County Department of Job and Family Services.

#### Weather Closings / Delays Update

Please check the local news stations (5, 9, 12, and 19) and our Facebook page for closing and delay information. Closings and delays will be listed as **Camp-I-Can at The Children's Home.** We apologize for any inconvenience this may cause. If you have any questions or concerns, please contact a supervisor.

In the event of an emergency closing resulting in the closing of afternoon activities, you will be called to pick up your child. If you cannot be reached, we will attempt to contact the emergency contacts listed in your registration packet.

#### **Child Care Emergency Closing**

In case of emergency closing, parents will be notified by a message on the center's voice mail and by public radio and television announcements.

#### **Holidays**

Celebrations, rituals, and social activities are an important part of childhood and families. In an effort to include all families, we will have celebrations of the season instead of recognizing individual holidays. We will strive to support the unique needs of each child and family and ensure that all feel welcome members of our program, while supporting education values of health and safety, good nutrition, sound mental health, and multicultural inclusiveness.

Out of respect for family choice and the children's daily routines, commercialism is discouraged.

#### Visitors

Parents are welcome to visit our program at any time. Your visits can be scheduled or unscheduled. Any other visitors to our program must be approved by the supervisor and/or your child's counselor. The only exception to this rule would be for licensing specialists or school representatives, who may stop by unannounced to make sure we are in compliance with codes and regulations. Scheduled visitors may include extended family members of children, consultants, supervisors for student teachers, volunteers, visitors providing enrichment activities, new parents, and The Children's Home facilities staff. It is our goal to keep you informed of the presence of our visitors, especially if they will be visiting in your child's classroom.

#### Personal Belongings Brought into Program

All visitors and staff may not bring any weapons, legal or illegal drugs into the program or on campus. Any prescription or over the counter medications should stay out of the program or out of the reach of children. Any visitor that will be in the program longer than to pick up or drop off a child will be asked to keep their personal belongs locked away in the staff office.

#### **Non-Smoking Campus**

All Campus buildings have a strict no-smoking policy. Please refrain from smoking in the parking lots or outside the building.

#### **Babysitting Policy**

To maintain appropriate professional boundaries, it is the policy of the program that staff do not baby-sit for the students we serve in our programs.

#### **On-Site Nursing Space**

Parents and or employees who need to pump breast milk or breastfeed their child can access our mother's room located in the back of the building. The receptionist will be able to support you in accessing the space.

#### **Infant Care**

The program does not provide care for infants, toddlers, or preschool age students, except those aged 4 and eligible for Kindergarten in the upcoming school year. Information and resources for childcare can be made available upon request.

#### **Evening and Overnight Care**

The program does not provide evening and overnight care. Information and resources for childcare can be made available upon request.

### PROGRAM PROCEDURES

#### **Arrivals and Departures**

All children must be signed in on the TAP tablet by a parent or adult escort **prior to 9:00 am** and communicate to front desk staff that the child has arrived. All children must be signed out on the TAP tablet by a parent or adult escort listed on the Authorizations Form when departing from any part of the program for the day, and the escort MUST make contact with a staff member (*see release policy*). Staff will immediately record children's attendance on the daily attendance record upon arrival and dismissal.

#### Please Note:

Vehicles must be turned off and keys removed from ignition when you or your escorts are dropping off or picking up your child. Please do not leave other children in the vehicle when dropping off and picking up from the program.

#### Late Pick Up

Students must be picked up by 5:30 pm. Failure to pick up a child by close of program (5:30 pm) will result in a late fee. \$5.00 will be charged when arriving 5-10 minutes after the close of the program, and an additional \$3.00 will be charged for every 5 minutes thereafter. All late fees are due at the time of pick-up. All fees are charged by family. Repeated late pick up may result in suspension or termination from program.

If the staff has been unable to contact you by 7:00 pm, 241-Kids will be called for child abandonment.

#### Late Drop Off

Students must be in programming by 9:00 am daily. We are unable to make exceptions for families that call in on the same day.

Doctors' appointments will be excused late arrival ONLY IF reported in writing 2 day prior to appointment. Students must be in programming by 10:00 am with doctor's note.

#### We are unable to allow late drop off for any reason on field trip days.

#### **Release Policies**

Every effort is made to provide a safe and secure environment for children. Parents must pick up their children in the Lower School building. If a child is in another location, a staff member will locate the child and bring him/her to the Release location. Children are released only to persons aged 16 and older that the parent/guardian have designated in writing or with an authorized phone call. If the adult picking up the child is unfamiliar to staff, the adult is required to show his/her driver's license for identification. Escorts must also sign the child in or out. Parents will be contacted to verify pick up by any escort arriving without prior notice from the parent/guardian. Parents will also be notified if a non-authorized adult arrives to pick up their child. The Children's Home staff reserves the right to refuse pick up to anyone whose identity we cannot verify. Students are not allowed to leave their groups without permission and must always be in direct supervision of a staff member.

Children are not permitted to walk home without a parent or authorized escort unless there is a Parent Walker Permission Form on file with the Camp office.

#### **Reporting Children's Attendance and Absences**

Parents must sign their children in and out each day at the Front Desk. This is an important tool because it is used to check attendance during emergency procedures. If others will be picking up or dropping of your child/ren, you must let them know to follow this procedure.

Since program staff plan their day's activities based on the number of children expected for the days and hours children usually arrive, we ask that parents notify us if their child is going to be absent, late, or if they plan to pick them up especially early.

If you are planning a vacation or other absence, please notify us of the dates as soon as possible. **Please remember, there are no tuition credits given for vacation or absent days.** If your child is absent for two or more consecutive days, we will call the parent/guardian to gather the reason. Due to accreditation, parents must share the reason for their child's absence if the absence exceeds two consecutive days. Children may not exceed 10 absences per half year, or they will be subject to over-absent day fees from the program.

#### Supervision of Children

The best way to ensure the safety of the children is to actively supervise them. This means knowing where the children are at all times, always being able to see them, and participating with them. Children must always be in direct supervision of staff. Children will not be allowed to leave the group unless given permission by the supervising adult and must always be in direct supervision. At no time will children be allowed to leave the supervision of an adult. When the children are outside in the play area the staff member will be able to summon another adult without leaving the children alone.

#### **Field Trips**

We will limit field trips outside of the center and offer enrichment activities on our grounds. Parents/Guardians will receive information prior to each scheduled field trip. Each child must have a signed permission form to participate in the field trip. Students would only be transported by a contracted Yellow School Bus service in the event of a field trip. Students will be supervised at all times. All staff is trained in field trip safety.

Due to safety concerns, a pattern (3 or more) of behavior intervention may result in exclusion from the field trip. Please note: All staff travel on field trips. If a child is unable to travel with their group, the parent is responsible for securing alternate care for their child on that day.

#### **Birthday Parties**

While not required, we welcome the parent's choice to plan a special celebration for their child's birthday at the center. There are a small number of items we would like to ask you not to bring to the program because of their impact on the safety of the children (choking): candy, marshmallows, popcorn, nuts, and latex balloons (Mylar are permitted). Out of respect for family choice and the children's daily routines, commercialism is discouraged.

#### **Napping and Resting**

A quiet period during the day is provided for all children. No child is required to fall asleep and has the opportunity to engage in quiet activities. Pre-K and Kindergarten classrooms are provided with mats for rest or nap.

#### **Therapy Sessions**

Students must have a signed permission slip from parent or guardian stating the name of therapist, dates, time and locations of each appointment and signature indicating families understand that students are not under the care of ODJFS licensed childcare during this time. Permission slips are on file with the program and can be obtained from the Front Desk. Therapeutic sessions may only occur as designated on the permission slip. Daily group schedule will be made available upon request and supervisors will help to determine best fit times for sessions. Programs are unable to provide on-site meeting space, therapist must make spacing arrangements.

## **GUIDANCE (DISCIPLINE) POLICIES**

Parents and teachers are interested in promoting self-control and appropriate social behavior in children. The role of the adult is to assist the child in mastery of the environment as well as helping him with mastery of himself. This is accomplished through meaningful relationships and interactions between parent, teacher, and child.

Children sometimes have difficulties with self-control for a variety of reasons. Often it occurs because children are still learning what they need to do and how they need to do it. They just need more practice! Children tend to show us their worries and feelings through their behavior. It is important for teachers and parents to work together to try to understand what the child is trying to communicate so appropriate interventions can be planned.

<u>Please Note</u>: If a child's behavior poses a safety risk to themselves or others, the Supervisor may immediately remove the child from the programing space and a parent or emergency contact may be notified for immediate pick up. If this should occur, the parent or emergency contact must make arrangements to pick the child up in an appropriate amount of time.

The center staff is trained to use the following techniques:

#### **Distracting the Child**

The teacher will turn the child's attention from the unacceptable behavior to a more acceptable one without directly confronting the child.

#### **Redirecting the Child**

The teacher will verbalize with the child what he/she has done, how it affects the children in the classroom, and how it makes the child feel. Then, together, they find an appropriate way to amend the situation and/or find a more appropriate activity.

#### **Ignoring the Behavior**

The teacher will ignore the unacceptable behavior if it is not doing any harm to the child, other children, or the environment.

#### **Time Apart from the Group**

If the above methods are not effective, it may be necessary to separate the child from the group. The child may rejoin the group as soon as he/she is able to conduct themselves appropriately in the group or setting.

All employees and staff shall not:

- Abuse, endanger or neglect children, including shaking a baby
- Utilize cruel, harsh, unusual, or extreme techniques.
- Utilize any form of corporal punishment.
- Delegate a child or children to manage or discipline another child or children.
- Use physical restraints on a child
- Restrain a child by any means other than holding children for a short period of time, such as a protective hug, so that the children may gain control.
- Prone restraint of a child is prohibited. Prone restraint is defined as all items or measures used to limit or control the movement or normal functioning of any portion, or all, of a child's body while the child is in a face-down position.
- Prone restraint includes physical or manual restraint.
- Place children in a locked room or confine the children in any enclosed area.
- Confine children to equipment such as cribs or highchairs.
- Humiliate, threaten or frighten children.
- Subject children to profane language or verbal abuse.
- Make derogatory or sarcastic remarks about children or their families including but not limited to cultures, nationalities, race, religion, or beliefs.
- Punish children for failure to eat or sleep or for toileting accidents.
- Withhold any food (including snacks and treats), beverages or water, rest or restroom breaks.
- Punish an entire group of children due to the unacceptable behavior of one or a few.
- Isolate and restrict children from all activities for an extended period.

Our program does not permit, nor will it tolerate, the use of physical discipline or any abusive methods. Violation of this policy by staff or agency representatives will be grounds for immediate termination of employment. The discipline rule applies to all persons on the premises.

### THE FOOD PROGRAM

#### **General Information**

The food served meets the standards set by the United States Department of Agriculture, and local and state health departments and licensing guidelines. Children with special diets for medical reasons must have a physician's statement on file. Children with dietary restrictions due to religious reasons must have a written statement from parents stating the food products that are restricted.

#### **Mealtime Procedures**

Nutritious meals and snacks are an important part of your child's day. Breakfast, a morning snack, lunch, and an afternoon snack will be served to the children present. Menus will be posted in the front lobby and in the classrooms. Please see the attached schedule for mealtimes. There is no charge for meals.

#### **Food from Home**

Parents/Guardians are asked to see that their children do not bring food to the classroom except for special occasions where it can be offered to all children.

#### **Modified Diets/Food Supplements**

If there is a dietary restriction, the following policy must be adhered to. While children are present in the program our meals must provide them with 1/3 of the recommended daily dietary allowances specified by the USDA. This includes, at a minimum, the following:

- 1 serving of milk dairy
- 1 serving of meat or a meat alternative protein
- 2 servings of vegetables and or fruits
- 1 serving of bread or grains

Children who are on modified diets, such as a vegetarian diet, must have the dietary groups listed above when they are in our care. The center does not supply alternative food so it is the parent's responsibility to supply their child's alternative food. Some examples of alternative foods are: Milk – Soymilk, Meat – Veggie burgers, Veggie (chicken) nuggets, Veggie (sausage) links, and Veggie (lunch meat) slices. The frozen foods work out well because they can be kept for a long period of time and used as needed. Parents who choose for their child to be on a modified diet must complete the modified diet form to be kept here at the center.

The only exception to this rule is if a doctor has completed a medication form stating that the child does not need to consume any alternative to that group at all. For example, the child does not need to consume any protein.

#### **Food Allergies**

Children's food allergies will be noted on the food cart, on the classroom cabinet, and on the attendance sheet. Food service will provide alternatives for children with food allergies. Families with meal or religious food preferences will work with food service to determine what accommodations can be made.

#### **Nondiscrimination and Civil Rights**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint\_filing\_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.

#### **Health and Wellness Policy**

The Children's Home of Cincinnati is committed to promoting a culture of health and well-being by supporting healthy eating, physical activity and chronic disease management.

Families interested in receiving a copy of The Children's Home of Cincinnati full Health and Wellness policy, may request a copy.

### PARENTS AS PARTNERS

#### **Parent Participation and Roster**

The program is committed to supporting parents and children. We feel strongly about communicating with parents about your child's experiences at the center. We feel that parents' participation in various classroom, program events and program planning strengthens the relationships between parent, teacher, and child. Parents are encouraged to become highly involved in the center.

A roster of names and telephone numbers of parents/guardians of children attending the program will be available upon request. Only those parents and guardians who indicate on the Child Enrollment and Health Information form they want their information included will be included. The parent roster will only be given to parents or guardians of a child who attends the program and individuals associated with the center that requests it for center related business.

#### **Open Door Policy for all Parents**

Parents are welcome to visit the program at any time and are encouraged to do so.

#### **Daily Communication**

For the program to provide for the individual needs of each child, it is important for parents and program staff to communicate regularly. Please set aside some time in each day to talk with program supervisors or staff. It is our goal to keep you informed as much as possible. The calendar will be posted in the front lobby outlining our schedule of activities and events. Lesson plans and class schedules are in the office and available upon request. Please let us know if you have any suggestions and/or concerns that you would like to share. Your input is extremely important to us. We highly encourage you to complete the parent surveys, as this helps us to address any concerns and plan for the upcoming year.

#### Parent / Program Staff Concerns

Just as teachers are encouraged to discuss concerns with parents, parents are encouraged to ask their child's teachers any questions they may have about their child's care in the classroom. It is important for parents and staff to clear up any questions or misunderstandings quickly. Nearly all concerns are best addressed at the classroom level, but if parents and teachers are not able to reach a mutually satisfactory resolution, parents and staff are encouraged to discuss their concerns with the supervisor. Good communication between staff and parents is vital to the smooth running of the program. General program issues may be discussed with the program Supervisor. Please note that counselors must remain in ratio and actively supervising students. In the even that a staff member is unable to meet with a parent immediately, an appropriate time will be scheduled.

### HEALTH CARE POLICY & EMERGENCIES

#### **Illness Policy**

The Child Care Program operates for well children and staff only. Children who are mildly ill (ex. minor cold) may attend the center with the Program Manager's approval. Children should be fully able to participate in all activities, including outdoor play. Children with symptoms of communicable diseases will rest in the Sick Bay. A staff member is to remain with the child at all times until the parent or designated representative arrives for the child. Parents shall remove the child within one hour after notification. In the event we cannot reach the parent we will contact the emergency representatives designated by the parents. In spite of our best efforts to isolate children with symptoms of communicable diseases, your child is in a group setting and will be exposed to many other children and adults. Because of this, it is important that parents establish a reliable, alternative plan for childcare.

Children exhibiting signs of illness listed below should remain at home. The following are indications of illness that will necessitate removal:

- Temperature of at least 101° Fahrenheit (100° degrees if taken axillary) when in combination with any other sign or symptom of illness. Temperature shall be taken by the axillary (armpit) method with a digital thermometer. The thermometer shall be sanitized after each use.
- Diarrhea (three or more abnormally, unexpectedly or unexplained loose stools within a 24-hour period)
- Severe coughing, causing the child to become red or blue in the face or to make a whooping sound.
- Difficult or rapid breathing.
- Yellowish skin or eyes.
- Redness of the eye or eyelid, thick and purulent (pus) discharge, matted eyelashes, burning, itching or eye pain.
- Untreated infected skin patches, unusual spots or rashes.
- Unusually dark urine and/or gray or white stool.
- Stiff neck with an elevated temperature.
- Evidence of untreated lice, scabies, or other parasitic infestations.
- Sore throat or difficulty in swallowing.
- Vomiting more than one time or when accompanied by any other sign or symptom of illness. Children will
  be required to remain at home for 24 hours symptom free if he/she is sent home from the center. If the
  child was seen by a physician and is declared non-communicable, s/he may be readmitted with a
  physician's statement indicating that the child is free of communicable disease.

The Supervisor retains the right to continue to exclude the child despite a physician's statement if that statement contradicts the center's policies. Parents of every child enrolled in the exposed class will be notified when a communicable disease is introduced. Parents will be advised of symptoms and incubation periods, if appropriate. The Ohio Department of Health's "Child Day Care Center Communicable Disease Chart" is posted in the hallway. Children who are sent home with a communicable disease and are in the sick bay and or used their blankets will follow these precautions to help prevent the spread of germs:

- Blankets will be sent home with the child to be washed, If the blanket belongs to the center it will be immediately washed
- The cot and any other items the child had with them in the sick bay will be washed and disinfected with bleach and water immediately following the release of the child.

Staff who exhibit signs of communicable disease will remain away from the children and/or center. It is a requirement that all staff receive training in communicable disease recognition provided by The Children's Home or other appropriate agencies. Staff is also trained in hand washing and disinfecting procedures by an administrator within 30 days of employment. These policies are also posted in each classroom.

#### Immunization

Children must be immunized as required by the state department of health in order to attend the center. Children who have not been immunized will be accepted, and be "exempt" from immunization requirements with the appropriate documentation:

- A physician noting that immunization against the disease is medically contraindicated or not medically appropriate for the child; or,
- a statement from the parent/guardian that they have declined immunizations for the reasons of conscience, including religious convictions.
- Children who are not "exempt" from immunizations are not kept current are subject to withdrawal.

#### **Chronic Medical Conditions**

Children with pre-existing medical conditions will be evaluated for admission on an individual basis. After admission, documentation of regular medical follow up will be required.

#### **Health Screening and Referral Process**

It is imperative that children receive Health Screenings as recommended by the Academy of Pediatrics. If the family needs assistance in securing a physician or dentist, a resource list is available to them, as well as a copy of the Levine Family Health Center enrollment packet, located on The Children's Home main campus. If they do not wish to work with the program's nurse, a resource list will be provided.

Families also complete a health and family history document annually. This document includes additional health information as well as cultural, family structure, family culture, and developmental information of the child and the family.

Administrator and Parent Resources:

- Cincinnati Health Department Clinic Locations and Phone Numbers
- Enrollment Packet for Levine Family Health Center, located on the Children's Home main campus
- CDC.gov
- KidsHealth.org

#### **Emergency Transportation**

The program does not provide childcare services to children whose parents refuse to grant consent for transportation in the event of need for emergency treatment. Information and resources for childcare that does support refusal of emergency transport can be made available upon request.

The program will only transport a child via EMS in the instance of a life-threatening injury.

#### **Incident Reports**

An incident report will be completed by the staff member who is responsible for the child, when the following incidents occur:

- An illness, accident, or injury which requires first aid treatment
- A bump or blow to the head
- Emergency transportation
- An unusual or unexpected event which jeopardizes the safety of the children or staff.
- Child is not picked up after the center closing time of 6:00 pm. 241-KIDS will be called one hour after closing.

Police and Incident Reports will be filed with ODJFS.

Incident reports must be signed by the parent/guardian upon the child's departure for the day. If the parent/guardian is not picking the child up that day, the person picking up the child will be asked to sign the form. A signed copy of the report will be provided to parents and a copy will be retained at the center.

#### **Medication Policy**

A request for medication form must be filled out by the parent for all prescription and non-prescription medication, food supplement, or modified diet. <u>Please Note:</u> This program does **not** allow school age students to carry their own medications. Any medications prescription/over the counter/topical ointment a child has in their possession will be confiscated and secured by staff until the parent/guardian arrives. The only exemption is for lip balm, hand sanitizer and lotion with a medication administration form completed and on file.

The program does not administer any medication, food supplement, medical food, or topical product until after the child has received the first dose or application at least once prior to the center administering a dose or applying. Emergency medications are exempt from this requirement. Medication will only be given at the program if it cannot be given at home or by the parent. The medication will be given to the child by a supervisor or camp counselor and will only be given for the period of time indicated by the type of medication/ topical ointment, or by the physician.

All medication requests must be brought to the program supervisor, who will see that the correct paperwork has been completed. After doing so, they will provide the program staff with the medication and the paperwork. The program staff is responsible for documenting each administration or application of the medication on the JFS 01217 form immediately after administering. All medication is to be kept in a lock box which is kept in a cabinet that locks, out of the reach of children. Only prescription medication can be given, unless accompanied by a doctor's note and discussed with the Supervisor.

#### **Prescription Medication**

Any child who requires any form of prescription medication while at the program will need to have an Administration of Medication Form filled out and signed by their parent/guardian. The Medication must be in its original container and have a complete pharmacy label on it that includes the child's name, dosage amount and time of dosage, as well as the length of administration.

#### **Non-Prescription Medication**

Nonprescription medications, excluding topical/products, also require that an Administration of Medication Form must be filled out and signed by the physician, and include instructions from the physician/dentist/APN/CPA. The medication must be in the container with the original label and must provide a dosage for the child's age and/weight. Any medications not in the original container will not be administered.

#### **Topical Ointments**

Topical ointments that do not contain aspirin or codeine, or exceed the instructed amounts may be administered without instruction from a physician, as long as the original container provides a dosage for the child's age and/weight (if the bottle says if under 24 mo. of age consult a physician, the child's physician would need to complete the Administration of Medication form). Examples may include chap stick, lotion, and suntan lotion. An Administration of Medication form must be completed and the container with the original label and must provide a dosage for the child's age and/weight.

The agency school nurse will provide training to staff when children have complicated medical conditions, and medications. All staff receives training in the administration of medication during orientation, including but not limited to:

- Asthma
- Diabetes
- Seizure
- Allergies and Epi Pen use
- Basic Medication Administration

#### **First Aid and CPR**

During all childcare operational hours, at least one child care staff member will be onsite and currently trained in First Aid, CPR, and Communicable Disease & Child Abuse. During field trips a trained staff is present on each bus and at each trip location.

#### **Automated External Defibrillator (AED)**

An AED is located behind the reception desk of the Emery Building. The AED is a portable electronic device that automatically diagnoses the life-threatening <u>cardiac arrhythmias</u> and is able to treat them through <u>defibrillation</u>. During all childcare operational hours at least one staff trained in use of the AED in on site.



**IN CASE OF A GENERAL EMERGENCY** – Defined as: any threat to the safety of children due to environmental situation or threats of violence, natural disasters, and loss of power, heat or water:

- Earthquake: Move all children into the hallway
- **Threats of violence:** Counselors are to move children to a safe place and call 911. Do not argue, try to disarm, or bargain with the intruder
- Loss of power, heat or water: We will remain open unless the loss is unable to be restored in a reasonable amount of time; Management/school will make the call to close.
- Environmental situation: Counselors are to close all windows and take children to a safe place, such as the fire door area. A manager will inform you of the next steps and to help move children to a safe area, according to the situation.

#### **Emergency Situations**

The program staff will do everything possible to keep your child safe. However, accidents can and do happen. In the event of an emergency, the staff will follow the Emergency Plan. Staff has access to working phones in every area of the building. Monthly fire drills are conducted as well as quarterly lockdown and severe weather drills.

If your child needs to be taken to the hospital by ambulance, a staff member or administrator will accompany your child to the hospital and stay with him/her until you or another approved caretaker arrives. Children will only be transported in an ambulance. In an emergency situation staff will follow your indications on the child's emergency transportation form.

In the event of a serious emergency and the program must be evacuated, the children and staff have 2 locations to evacuate to and can be found on the Medical Emergency Plans posted in each classroom, Front Lobby, and the Office. Please refer to the Medical Emergency Plan for exact information staff will follow during emergency situations. These plans are available in all binders, on the parent board. You may request a copy at your convenience.



#### **Safety Policy**

The safety of the children in our program is our primary concern. The following guidelines are to ensure that we keep this commitment to the parents of the children in our care.

- 1. Each Camp counselor is in charge of and has the responsibility for the children assigned to his/her group. This also includes meeting the children's needs, supervising them, caring for them and keeping them safe.
- 2. No child is to ever be left alone and unsupervised except as stated in the supervision policy.
- 3. No staff member will abuse, neglect, or otherwise cause harm to any child.
- 4. Staff members will follow the discipline procedures in the Discipline Policy.
- Staff members will immediately consult with the supervisor concerning any suspected child abuse and/or neglect. The staff members will then immediately report suspected child abuse or neglect to the Hamilton County Department of Job and Family Services. Parents will be notified.
- 6. Phones are located in each classroom, administrative offices, the cafeteria, and the gym office for emergency use.
- 7. Fire drills will be conducted monthly and records will be kept with the supervisor. Evacuation plans are posted in each room as well as Medical and Dental Emergency plans are posted on the licensing board and in counselor binders.
- 8. Staff will call parents/guardians after 10:00 AM when a child is not in attendance and a previous phone call from the parent/guardian was not received.
- 9. Each staff member and parent/guardian will receive a copy of this procedure.

#### **Risk Management**

Every effort is made to provide a safe and secure environment for children. All outside entrances remain locked 24 hours a day. The front door is open from 7:30 am – 5:30 pm; staff has the capability to lock the front door remotely. The door to the Camp atrium and hallway always remains locked to ensure the children and staff's safety.

The center has an intercom system as well as a central fire alarm and sprinkler system. Evacuation routes are posted throughout the center. Parents are encouraged to identify and discuss with the Supervisor any perceived risks to a child's health and safety.

All visitors and staff may not bring any weapons, legal or illegal drugs into the program or on campus. Any prescription or over the counter medications should stay out of the program or out of the reach of children. Any visitor who will be in the program longer than to pick up or drop off a child will be asked to keep their personal belongs locked away in the staff office.

#### **Safety Procedures**

No child shall be left alone or unsupervised. There is immediate access to a working telephone in each classroom and office space. Use of spray aerosols shall be prohibited when children are in attendance at the child day care center. In non-life-threatening instances, the center staff will provide on-site first-aid. If a child requires medical attention, the child's parent will be contacted, informed of the injury, and asked to pick up the child. If an accident or injury is life threatening or requires immediate medical attention, staff will call 911.

### **CENTER PARENT INFORMATION**

The center is licensed to operate legally by the Ohio Department of Job and Family Services. This license is posted in a noticeable place for review.

A toll-free telephone number is listed on the center's license and may be used to report a suspected violation of the licensing law or administrative rules. The licensing rules governing child care are available for review at the center.

The administrator and each employee of the center is required, under Section 2151.421 of the Ohio Revised Code, to report their suspicions of child abuse or child neglect to the local public children's services agency.

Any parent of a child enrolled in the center shall be permitted unlimited access to the center during all hours of operation for the purpose of contacting their children, evaluating the care provided by the center or evaluating the premises. Upon entering the premises, the parent, or guardian shall notify the Administrator of his/her presence.

The administrator's hours of availability to meet with parents and child/staff ratios are posted in a noticeable place in the center for review.

The licensing record, including licensing inspection reports, complaint investigation reports, and evaluation forms from the building and fire departments, is available for review upon written request from the Ohio department of job and family services.

It is unlawful for the center to discriminate in the enrollment of children upon the basis of race, color, religion, sex, disability, or national origin in violation of the Americans with Disabilities Act of 1990, 104 Stat. 32, 42 U.S.C. 12101 et seq.

For more information about child care licensing requirements as well as how to apply for child care assistance, Medicaid health screenings and early intervention services for your child, please visit <u>http://jfs.ohio.gov/cdc/families.stm</u>

#### Excerpted from:

- Ohio Department of Job and Family Services
  - Child Care Center Manual
    - Child Care Center Rules
      - Administrator Responsibilities, Requirements and Qualifications for a Licensed Child Care Center
        - Appendix C Center Parent Information